



American Spirit Championships



Scoring System

Building Skills	Difficulty	Technique	Creativity
Stunts	5	5	5
Pyramids	5	5	5
Tosses	5	5	
Quantity/Coed	5		

Tumbling Skills	Difficulty	Technique
Standing Tumbling	5	5
Running Tumbling	5	5
Jumps	5	5

Overall Routine	Difficulty
Dance	5
Routine Composition	10
Performance	10

Score

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